



Safety Talk

Slips, Trips and Falls



We are back at the time of year where slips, trips and falls are among the leading causes of injuries resulting in workers missing time at work in Ontario.

There were seven deaths in Ontario workplaces attributed to slips, trips and falls. WSIB reports that 80 workers are injured every day because of slips, trips and falls, roughly one worker every 20 minutes.

Always ensure you are wearing the proper footwear for the weather such as closed toed shoes, winter boots, running shoes, etc. to protect you from any slips, trips or hazards in your daily routine.

Here are some tips to help this winter:

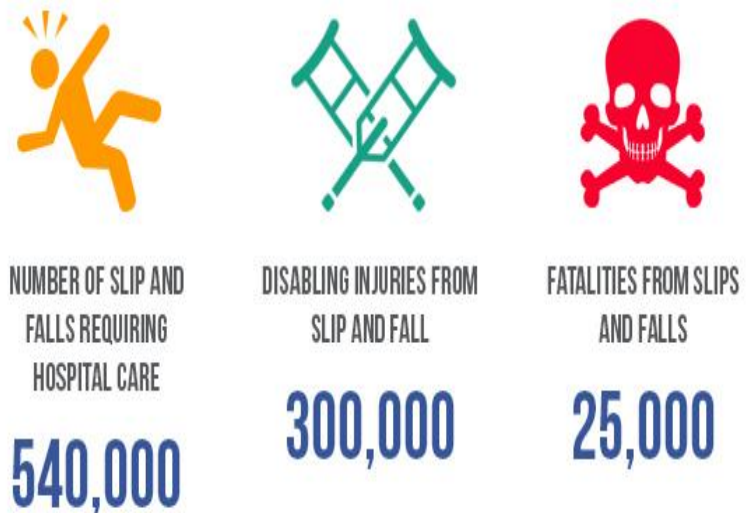
- When walking on steps, always use the hand railings and plant your feet firmly on each step.
- When walking on an icy or snow-covered walkway, take short steps and walk at a slower pace so you can react quickly to a change in traction.
- Streets and sidewalks that have been cleared of snow and ice should still be approached with caution. Look out for "black ice." Dew, fog or water vapor can freeze on cold surfaces and form an extra-thin, nearly invisible layer of ice that can look like a wet spot on the pavement.
- When entering a building, remove as much snow and water from your boots as you can. Take notice that floors and stairs may be wet and slippery--walk carefully. Also, changing into indoor footwear is recommended during this time.
- Use special care when entering and exiting vehicles--use the vehicle for support. We should be using the 3-point contact when getting in or out of a vehicle.

Source Information:

https://www.labour.gov.on.ca/english/hs/sawo/pubs/fs_falls.php

YEARLY SLIP AND FALL STATISTICS

Canada's Statistics



Source: National Safety Council



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